

DANCE IMAGES E-LEARNING ACTIVITIES: DANCE WITH ME!

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

DANCE WITH YOUR FAVORITE STUFFED ANIMAL	MARCH LIKE A DINOSAUR IN A CIRCLE!	DO A BIG STRADDLE STRETCH AND COUNT TO 8
BALANCE A BEAN BAG OR TISSUE ON YOUR KNEE FOR 3 SECONDS	WALK ON YOUR TIP TOES FORWARD AND BACKWARDS IN A STRAIGHT LINE	DO 5 BIG CRAWLY SPIDER STRETCHES
PRETEND TO CRAWL THROUGH A TUNNEL	PLAY FREEZE DANCE WITH YOUR FAVORITE SONG	DO YOUR FAVORITE DANCER POSE!

DANCE IMAGES E-LEARNING ACTIVITIES: PRESCHOOL DANCE

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

DANCE WITH YOUR FAVORITE STUFFED ANIMAL	SKIP IN A CIRCLE	DO A BIG STRADDLE STRETCH AND COUNT TO 8
BALANCE A BEAN BAG OR TISSUE ON YOUR KNEE FOR 10 SECONDS	CHASSÉ FORWARD IN A STRAIGHT LINE	PRACTICE YOUR 5 POSITION POEM
SKIP BACKWARDS IN A STRAIGHT LINE	PLAY FREEZE DANCE WITH YOUR FAVORITE SONG	DO YOUR FAVORITE DANCER POSE!

DANCE IMAGES E-LEARNING ACTIVITIES: BALLET/TAP/JAZZ

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

DO 4 BRUSH FRONT, SPANK BACK (SHUFFLE)S, ADDING A STEP AFTER EACH ONE.	IN FIRST AND SECOND POSIITON, DO 3 PLIE AND A BIG SAUTE (JUMP)!	DO A BIG STRADDLE STRETCH TO THE RIGHT AND LEFT WHILE COUNTING TO 8
HOLD A PASSÉ FOR 3 SECONDS	CHASSE (GALLOP) ACROSS THE ROOM	DRAW AND COLOR A DANCE PICTURE
PRACTICE 3-STEP TURNS TO THE RIGHT AND LEFT	PLAY FREEZE DANCE WITH YOUR FAVORITE SONG	DO YOUR FAVORITE DANCER POSE & TAKE A PICTURE!

DANCE IMAGES E-LEARNING ACTIVITIES: BALLET 7-9 YEAR OLDS

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

8 TENUES, FRONT SIDE AND BACK	PRACTICE 4 YOGA POSES	DO A BIG STRADDLE STRETCH TO THE RIGHT AND LEFT WHILE COUNTING TO 8
HOLD A PASSÉ FOR 5 SECONDS ON YOUR RIGHT AND LEFT LEG	PRACTICE YOUR 5 POSITION POEM	DRAW AND COLOR A DANCE PICTURE
CHASSÉ CHAINE TURN ACROSS THE ROOM	PRACTICE YOUR RECITAL DANCE (SEE VIDEO)	DO YOUR FAVORITE DANCER POSE!

DANCE IMAGES E-LEARNING ACTIVITIES: POMS DANCE

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! BEFORE YOU DO ANY ACTIVITY LISTED, PLEASE WARM UP PROPERLY! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

HOLD YOUR SPLITS FOR 20 SECONDS ON EACH SIDE	PICK A WALL STRETCH AND HOLD IT FOR 2 MINUTES (SLOWLY BRING YOUR LEGS TOGETHER AFTER YOUR 2 MINUTES)	PRACTICE OUR TOE TOUCH DANCE TO A FUN SONG
DO 16 CRUNCHES IN YOUR FAVORITE CRUNCH POSITION	SHOW A RELATIVE YOUR FAVORITE POMS STEP	DRAW AND COLOR A DANCE PICTURE
PRACTICE YOUR RECITAL DANCE (SEE VIDEO)	CHOREGRAPH AN 8-COUNT OR MORE TO YOUR FAVORITE SONG	DO YOUR FAVORITE DANCER POSE!

DANCE IMAGES E-LEARNING ACTIVITIES: INTRODUCTION TO INTENSIVE BALLET

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! BEFORE YOU DO ANY ACTIVITY LISTED, PLEASE WARM UP PROPERLY! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

<p>FIND A DANCE WORD THAT BEGINS WITH EACH LETTER: B A L L E T E A P</p>	<p>WATCH A VIDEO OF AN ICE DANCER/SKATER</p>	<p>PERFORM DEMI PLIE, RELEVE, SIX TIMES, WHILE HUMMING OR SINGING "TWINKLE, TWINKLE (PLIE), LITTLE STAR (RELEVE)"</p>
<p>PRACTICE CHASSE, SOUTENU TURN, KNEEL DOWN ON THE RIGHT</p>	<p>BEGINNING IN 4TH POSITION, WITH THE LEFT FOOT FRONT, PASSE RIGHT FOOT, RELEVE ON THE LEFT; REPEAT FOUR TIMES</p>	<p>SAUTE (JUMP) EIGHT TIMES IN FIRST POSITION AND EIGHT TIMES IN SECOND POSITION, WITH YOUR HANDS ON YOUR HEAD, TRYING NOT TO MAKE A SOUND</p>
<p>COPY EMAIL ATTACHMENT FROM MS. KING AND COMPLETE THE "BALLET QUIZ"</p>	<p>MAKE A PRETEND "MUFF" FROM A PAPER LUNCH BAG (OR SIMILAR), AND DANCE TO "THE SKATER'S WALTZ"</p>	<p>DRAW AND COLOR A PICTURE OF A DANCER STANDING IN ARABESQUE POSITION (OR COPY ONE FROM THE INTERNET)</p>

DANCE IMAGES E-LEARNING ACTIVITIES: INTENSIVE I BALLET

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

PRACTICE YOUR CHOREOGRAPHY FROM YOUR RECITAL PIECE	CREATE YOUR OWN TENDU COMBINATION TO SHARE WITH THE CLASS WHEN CLASSES RESUME!	DO 4 SETS OF PLIE PULSES IN BOTH 1ST AND 2ND POSITION FROM OUR WARM-UP
DO 5 GRANDE PLIES IN CENTER (OR ANYWHERE IN YOUR HOUSE)! TRY THEM IN BOTH 4TH AND 5TH POSITIONS.	PRACTICE BALANCING IN RETIRE. HOLD FOR AS MANY SECONDS AS YOU CAN! FEELING GOOD? ADD A RETIRE TURN!	DO WALL SPLITS. HOLD FOR 30 SECONDS...OR LONGER!
CREATE A CENTER JUMP COMBINATION THAT IS 8 COUNTS.	IF YOU HAVE SPACE, TRYING WALKING DOWN YOUR HALLWAY DOING OUR TRAVELLING GRANDE BATTEMENT COMBINATION.	DO CHAINNE TURNS FROM ONE SIDE OF YOUR ROOM TO THE OTHER.

DANCE IMAGES E-LEARNING ACTIVITIES: INTENSIVE II BALLET

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

REVIEW YOUR RECITAL PIECES	PICK UP 20 ITEMS WITH YOUR TOES	STAND IN 1 ST AND HOLD YOUR ARMS IN 2 ND FOR AN ENTIRE SONG
STRADDLE STRETCH FOR 5 MINUTES	WATCH A DANCE MOVIE	DO SPLITS ON EACH SIDE FOR 30 SECONDS
BALANCE IN SOUS SUS FOR 30 SECONDS ON EACH SIDE	DO PENGUINS STARTING RIGHT AND LEFT	DO 15 LEG SWINGS

DANCE IMAGES E-LEARNING ACTIVITIES: INTENSIVE III BALLET

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

CREATE A TIKTOK DANCE, SHARE IT WITH THE CLASS	BALANCE IN RETIRE WHILE BRUSHING YOUR TEETH	DO 100 ELEVES
GRAVITY STRETCH TO ONE SONG	WALK ON DEMI POINTE EVERY TIME YOU WALK TO YOUR ROOM	DO PLIES FROM OUR END OF YEAR BARRE
REVIEW YOUR RECITAL PIECE	DO 16 LEG SWINGS ON EACH SIDE	LOOK UP DANCERS DOING PIRQUETTES ON YOUTUBE

DANCE IMAGES E-LEARNING ACTIVITIES: INTENSIVE ADVANCED BALLET

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

RESEARCH A FAMOUS DANCER AND WRITE A PARAGRAPH ABOUT THEM	WATCH AN ENTIRE BALLET ON YOUTUBE. TELL THE CLASS ABOUT IT	REVIEW YOUR RECITAL PIECE
MAKE UP A BARRE COMBO TO SHARE WITH THE CLASS WHEN WE GET BACK	PLANK FOR AN ENTIRE SONG	BALANCE IN BACK ATTITUDE FOR 45 SECONDS ON EACH SIDE
WRITE AN ESSAY ON WHY YOU DANCE	DO 8 GRANDE BATTEMENTS EACH WAY (BOTH SIDES)	TAKE A VIDEO OF YOURSELF DOING TENDUES IN THE 8 BODY POSITIONS

DANCE IMAGES E-LEARNING ACTIVITIES: INTENSIVE I MODERN

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

PRACTICE YOUR RECITAL ROUTINE	STRETCHING IN STRADDLE	INVERSIONS
MODERN RUNS	SISSONES	FLAT BACKS
COUNT OUT RECITAL DANCE WITH MUSIC	CONTRACTION	CURVE/ARCHES

DANCE IMAGES E-LEARNING ACTIVITIES: INTENSIVE II MODERN

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

PRACTICE YOUR RECITAL ROUTINE.	PRACTICE COUNTS TO RECITAL DANCE	LEAPS (STRETCHING ALL THE WAY THROUGH)
FLAT BACKS	EXPRESSIONS AND DEMEANOR	FLUIDITY OF MOVEMENT WITH RECITAL DANCE
CURCES/ARCHES	KEEPING HIPS DOWN AND BELLY BUTTON TO BACK IN SWOOSHES	ARTICULATION THROUGH FEET

DANCE IMAGES E-LEARNING ACTIVITIES: INTENSIVE III MODERN

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

PRACTICE YOUR RECITAL ROUTINE	COUNTS TO RECITAL DANCE	IMPROVE ESPECIALLY FOR RECITAL DANCE INTRO.
CURVES/ARCHES	FEET ARTICULATION	FLUIDITY AND CONNECTION WITH MOVEMENT
FACE WHILE DANCING	STRETCHING THROUGH WHOLE LEG AND FOOT IN A LEAP	STRETCHING

DANCE IMAGES E-LEARNING ACTIVITIES: INTENSIVE ADVANCED MODERN

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

PRACTICE YOUR RECITAL ROUTINE	STRETCHING	SHOULDERS IN FLAT BACK
MAKING RECITAL MOVEMENT WATER LIKE TEXTURE	UPPER BODY CURVES/ARCHES	TILTS/PROPER PLACEMENT
HINGES/PROPER PLACEMENT	TIMING AND COUNTS OF RECITAL DANCE	FLUID WATER LIKE IMPROVE

Dance Images E-Learning Activities: Intro. To Intensive Jazz

We hope that everyone is staying healthy and we miss you at the studio! Please complete and color in 3 activities in a tic tac toe (horizontal, vertical, or diagonal) pattern. Bring it back to the studio when we resume classes!

Practice your recital routine	Step, step tuck jump 5 times on the right and 5 times on the left	Stretch for your splits
Clean out your dance bag :)	Practice triplets and potaburres across the floor	Choreograph your own 8 count to your favorite song
Hold your splits for 30 seconds on each side	Teach someone in your house an 8 count	Practice your single (and maybe!!) double turns

DANCE IMAGES E-LEARNING ACTIVITIES: INTENSIVE I JAZZ

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

CREATE A WARM-UP FOR YOURSELF INCLUDING STRETCHING STRENGTHENING CORE WORK, AND ISOLATIONS	FIND A DANCER ON SOCIAL MEDIA AND TELL ME 5 INTERESTING FACTS ABOUT THAT DANCER	TRACK OUT YOUR RECITAL DANCE. WHERE DO YOU STAND IN EACH FORMATION? WHEN DO YOU CHANGE POSITIONS? WHERE DO YOU MOVE TO AND WHO DO YOU CROSS BEHIND/IN FRONT OF?
SEND MR. BRIAN 3 SONGS THAT YOU THINK HE SHOULD LISTEN TO AND EXPLAIN WHAT YOU LIKE ABOUT THEM.	CREATE A DANCE ON TIC TOK, IF YOU HAVE AN ACCOUNT.	WATCH ONE MOVIE/TV SHOW ABOUT/WITH DANCING AND TELL MR. BRIAN ABOUT IT.
CHOREOGRAPH A SHORT COMBINATION INSPIRED BY A CERTAIN DECADE	LISTEN TO YOUR RECITAL SONG ONCE A DAY AND MEMORIZE IT.	PRACTICE YOUR RECITAL ROUTINE

DANCE IMAGES E-LEARNING ACTIVITIES: INTENSIVE II JAZZ

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

TRACK OUT YOUR RECITAL DANCE. WHERE DO YOU STAND IN EACH FORMATION? WHEN DO YOU CHANGE POSITIONS? WHERE DO YOU MOVE TO AND WHO DO YOU CROSS BEHIND/IN FRONT OF?	CREATE A DANCE ON TIK TOK, IF YOU HAVE AN ACCOUNT.	CHOREOGRAPH A SHORT COMBINATION INSPIRED BY A CERTAIN DECADE
SEND MR. BRIAN 3 SONGS THAT YOU THINK HE SHOULD LISTEN TO AND EXPLAIN WHAT YOU LIKE ABOUT THEM.	PRACTICE YOUR RECITAL ROUTINE	CREATE A WARM-UP FOR YOURSELF INCLUDING STRETCHING STRENGTHENING CORE WORK, AND ISOLATIONS
FIND A DANCER ON SOCIAL MEDIA AND TELL ME 5 INTERESTING FACTS ABOUT THAT DANCER	LISTEN TO YOUR RECITAL SONG ONCE A DAY AND MEMORIZE IT.	WATCH ONE MOVIE/TV SHOW ABOUT/WITH DANCING AND TELL MR. BRIAN ABOUT IT.

DANCE IMAGES E-LEARNING ACTIVITIES: INTENSIVE III JAZZ

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

WATCH ONE MOVIE/TV SHOW ABOUT/WITH DANCING AND TELL MR. BRIAN ABOUT IT.	CREATE A WARM-UP FOR YOURSELF INCLUDING STRETCHING STRENGTHENING CORE WORK, AND ISOLATIONS	CHOREOGRAPH A SHORT COMBINATION INSPIRED BY A CERTAIN DECADE
LISTEN TO YOUR RECITAL SONG ONCE A DAY AND MEMORIZE IT.	TRACK OUT YOUR RECITAL DANCE. WHERE DO YOU STAND IN EACH FORMATION? WHEN DO YOU CHANGE POSITIONS? WHERE DO YOU MOVE TO AND WHO DO YOU CROSS BEHIND/IN FRONT OF?	FIND A DANCER ON SOCIAL MEDIA AND TELL ME 5 INTERESTING FACTS ABOUT THAT DANCER
PRACTICE YOUR RECITAL ROUTINE	SEND MR. BRIAN 3 SONGS THAT YOU THINK HE SHOULD LISTEN TO AND EXPLAIN WHAT YOU LIKE ABOUT THEM.	CREATE A DANCE ON TIC TOK, IF YOU HAVE AN ACCOUNT.

DANCE IMAGES E-LEARNING ACTIVITIES: ADVANCED JAZZ DANCE

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

CREATE A DANCE ON TIC TOK, IF YOU HAVE AN ACCOUNT.	TRACK OUT YOUR RECITAL DANCE.	WHERE DO YOU STAND IN EACH FORMATION? WHEN DO YOU CHANGE POSITIONS? WHERE DO YOU MOVE TO AND WHO DO YOU CROSS BEHIND/IN FRONT OF?
CHOREOGRAPH A SHORT COMBINATION INSPIRED BY A CERTAIN DECADE PRACTICE YOUR RECITAL ROUTINE	WATCH ONE MOVIE/TV SHOW ABOUT/WITH DANCING AND TELL MR. BRIAN ABOUT IT.	CREATE A WARM-UP FOR YOURSELF INCLUDING STRETCHING STRENGTHENING CORE WORK, AND ISOLATIONS.
FIND A DANCER ON SOCIAL MEDIA AND TELL ME 5 INTERESTING FACTS ABOUT THAT DANCER	LISTEN TO YOUR RECITAL SONG ONCE A DAY AND MEMORIZE IT.	SEND MR. BRIAN 3 SONGS THAT YOU THINK HE SHOULD LISTEN TO AND EXPLAIN WHAT YOU LIKE ABOUT THEM.

DANCE IMAGES E-LEARNING ACTIVITIES: INTRO. TO INTENSIVE TAP

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

PRACTICE YOUR RECITAL ROUTINE	DO 10 PARADIDDLES	CLEAN OUT YOUR DANCE BAG :)
TEACH AN 8 COUNT TO SOMEONE IN YOUR HOUSE	CHOREOGRAPH AN ACROSS THE FLOOR ROUTINE. YOU CAN SEND IT TO DANCEIMAGESTP@GMAIL.COM	DO 15 CRAMP ROLES
BUFFALOS ACROSS THE FLOOR (8X, 4X, 2X,IX AND TURN)	PRACTICE MAXI FORD TURNS	CHOREOGRAPH 8 COUNTS TO SHOW US WHEN WE GET BACK TO SCHOOL

DANCE IMAGES E-LEARNING ACTIVITIES: INTENSIVE I TAP

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

PRACTICE YOUR RECITAL ROUTINE	DO 10 PARADIDDLES	CLEAN OUT YOUR DANCE BAG :)
TEACH AN 8 COUNT TO SOMEONE IN YOUR HOUSE	CHOREOGRAPH AN ACROSS THE FLOOR ROUTINE (YOU CAN SEND IT TO DANCEIMAGESTP@GMAIL.COM)	DO 15 CRAMP ROLES
BUFFALOS ACROSS THE FLOOR (8X, 4X, 2X, IX AND TURN)	PRACTICE MAXI FORD TURNS	CHOREOGRAPH 8 COUNTS TO SHOW US WHEN WE GET BACK TO SCHOOL

DANCE IMAGES E-LEARNING ACTIVITIES: INTERMEDIATE TAP II-12 YEAR OLDS

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

PRACTICE YOUR RECITAL ROUTINE	WHAT IS ONE THING YOU ARE LOOKING FORWARD TO LEARNING IN TAP CLASS, BUT HAVEN'T YET?	THINK OF A QUESTION OF THE DAY FOR MR. STEVEN.
EMAIL MS. LINDSAY AND ASK FOR YOUR RECITAL MUSIC :) DANCEIMAGESTP@GMAIL.COM	PRACTICE AN OLD TAP DANCE YOU HAVE LEARNED TO NEW MUSIC.	CHOREOGRAPH AN 8 COUNT TO SEND TO A FRIEND THAT THEY CAN ADD ON TO
CHOREOGRAPH A TAP DANCE TO A SONG THAT YOU WOULDN'T NORMALLY HEAR AS A "TAP" SONG	CHOREOGRAPH AN ACROSS THE FLOOR COMBINATION	CLEAN OUT YOUR DANCE BAG :)

DANCE IMAGES E-LEARNING ACTIVITIES: INTERMEDIATE TAP 13 YEARS AND UP

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

PRACTICE YOUR RECITAL ROUTINE	WHAT IS ONE THING YOU ARE LOOKING FORWARD TO LEARNING IN TAP CLASS, BUT HAVEN'T YET?	THINK OF A QUESTION OF THE DAY FOR MR. STEVEN.
EMAIL MS. LINDSAY AND ASK FOR YOUR RECITAL MUSIC :) DANCEIMAGESTP@GMAIL.COM	PRACTICE AN OLD TAP DANCE YOU HAVE LEARNED TO NEW MUSIC.	CHOREOGRAPH AN 8 COUNT TO SEND TO A FRIEND THAT THEY CAN ADD ON TO
CHOREOGRAPH A TAP DANCE TO A SONG THAT YOU WOULDN'T NORMALLY HEAR AS A "TAP" SONG	CHOREOGRAPH AN ACROSS THE FLOOR COMBINATION	CLEAN OUT YOUR DANCE BAG :)

DANCE IMAGES E-LEARNING ACTIVITIES: ADVANCED TAP

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

PRACTICE YOUR RECITAL ROUTINE	WHAT IS ONE THING YOU ARE LOOKING FORWARD TO LEARNING IN TAP CLASS, BUT HAVEN'T YET?	THINK OF A QUESTION OF THE DAY FOR MR. STEVEN.
EMAIL MS. LINDSAY AND ASK FOR YOUR RECITAL MUSIC :) DANCEIMAGESTP@GMAIL.COM	PRACTICE AN OLD TAP DANCE YOU HAVE LEARNED TO NEW MUSIC.	CHOREOGRAPH AN 8 COUNT TO SEND TO A FRIEND THAT THEY CAN ADD ON TO
CHOREOGRAPH A TAP DANCE TO A SONG THAT YOU WOULDN'T NORMALLY HEAR AS A "TAP" SONG	CHOREOGRAPH AN ACROSS THE FLOOR COMBINATION	CLEAN OUT YOUR DANCE BAG :)

DANCE IMAGES E-LEARNING ACTIVITIES: TAP/JAZZ DANCE 7-8 YEAR OLDS

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES (OR ALL OF THEM!) IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

<p style="text-align: center;">PRACTICE THE DANCE SQUARE: CROSS, BACK, SIDE, FRONT; FOLLOWED BY SHUFFLE, STEP, STEP</p>	<p style="text-align: center;">HAVE FUN DOING EIGHT "BURPEES" (JUMP DOWN, KICK FEET BACK, BRING FEET BACK IN, STAND UP, ARMS HIGH)</p>	<p style="text-align: center;">SAY OUT LOUD, THREE TIMES: BRUSH FRONT, SPANK BACK, EQUALS ONE SHUFFLE</p>
<p style="text-align: center;">DANCE SHUFFLE (COUNTS 1,2), STEP (COUNT 3), CLAP (COUNT 4), FOUR TIMES</p>	<p style="text-align: center;">PERFORM SIXTEEN TOE (STEPPING SIDWAYS), HEEL (DROP THE HEEL IN PLACE) WALKS, TRAVELING SIDWAYS</p>	<p style="text-align: center;">PRACTICE "LINE CHANGE!" MOVING FORWARD IS SKIP WITH LEG BEHIND; MOVING BACKWARD IS SMALL RUNS TURNING RIGHT</p>
<p style="text-align: center;">CHASSE SIDWAYS THREE COUNTS (1&2&3&), JUMP ON COUNT 4</p>	<p style="text-align: center;">STEP, CLAP, AROUND THE ROOM TO YOUR FAVORITE SONG</p>	<p style="text-align: center;">MAKE UP AN EIGHT COUNT RHYTHM, CLAPPING YOUR HANDS INSTEAD OF USING YOUR TAP SHOES</p>

DANCE IMAGES E-LEARNING ACTIVITIES: MUSICAL THEATRE

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

PRACTICE YOUR RECITAL ROUTINE	EMAIL MS. LINDSAY AND ASK HER TO SEND YOU THE RECITAL MUSIC DANCEIMAGESTP@GMAIL.COM	WHAT MUSICAL WOULD BE PERFECT FOR YOUR FAMILY TO PERFORM IN?
UPDATE YOUR RESUME THAT YOU STARTED AT THE BEGINNING OF THE YEAR	THINK OF A QUESTION OF THE DAY TO ASK MR. STEVEN.	IF YOU COULD PLAY ANY PART IN A MUSICAL, WHAT PART WOULD IT BE?
WHAT IS YOUR FAVORITE MUSICAL?	PRACTICE YOUR MUSICAL THEATER MAKE-UP, TAKE A PICTURE AND SEND IT TO MR. STEVEN	WATCH A MUSICAL WITH SOMEONE IN YOUR FAMILY AND GET READY TO TALK ABOUT IT DURING CLASS.

DANCE IMAGES E-LEARNING ACTIVITIES: BEGINNER POINTE

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES (OR ALL OF THEM!) IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

RESEARCH EDGAR DEGAS, AND WRITE TWO SENTENCES ABOUT HIM	USING A PICTURE OF A POINTE SHOE (OR YOU COULD DRAW ONE), MARK THE SHANK, BOX, AND VAMP	PERFORM EIGHT ELEVE IN PARALLEL AND TURNED OUT POSITIONS
IN CURSIVE, "WRITE" YOUR FIRST AND LAST NAME WITH BOTH YOUR RIGHT AND LEFT FOOT	PUT YOUR POINTE SHOES ON EVERY WEDNESDAY, FRIDAY, AND SUNDAY, UNTIL WE RESUME CLASS	PRACTICE BOURREE TOURNE, BOTH TO THE RIGHT AND TO THE LEFT, BEGINNING WITH COUPE DERRIERE (IN THE BACK)
LAY ON YOUR BACK, FEET IN THE AIR, SOUSOU POSITION, RIGHT FOOT FRONT; PERFORM 16 BATTU (BEATS); REST AND REPEAT	PRACTICE THE "ON AND OFF THE BOX" EXERCISE (FIRST ONE EACH CLASS), EVERY WEDNESDAY, FRIDAY, AND SUNDAY, UNTIL WE RESUME CLASS	CHOREOGRAPH AN EIGHT COUNT COMBINATION, ON OR OFF "POINTE"

DANCE IMAGES E-LEARNING ACTIVITIES: INTERMEDIATE/ADVANCED POINTE

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PRACTICE YOUR RECITAL ROUTINE	PICK UP 20 THINGS WITH YOUR TOES (WITH EACH FOOT SO 40 TOTAL!)	DO 32 RELEVES ON EACH FOOT (8 COUPE, 8 RETIRE, 8 ARABESQUES, 8 BACK ATT.)
DO BOURRES FOR 2 MINUTES	WATCH A YOUTUBE VIDEO ABOUT HOW POINTE SHOES ARE MADE	RESEARCH VARIOUS TOE PADS AND WRITE AN ESSAY ABOUT THEM (WHICH ONE WOULD YOU RECOMMEND?)
WATCH A VIDEO ON ANNA PAVLOVA	WEAR YOUR POINTE SHOES AROUND THE HOUSE (INSIDE ONLY) WALK ON POINTE WHENEVER YOU GO INTO ANOTHER ROOM	WRITE AN ESSAY ABOUT WHAT YOU LIKE AND YOU DISLIKE ABOUT POINTE WORK

DANCE IMAGES E-LEARNING ACTIVITIES: HIP HOP DANCE I

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

DO OUR CLASS JUMPING JACK EXERCISE FOLLOWED BY ONE MINUTE PLANK	WATCH THE YOUTUBE VIDEO "HOW THE BRONX BROUGHT BREAKING TO THE WORLD" (HTTPS://WWW.YOUTUBE.COM/WATCH?V=9TMBWCCYS30)	PERFORM THE RECITAL DANCE FOR ANOTHER PERSON
PRACTICE THE RECITAL DANCE THREE TIME IN A ROW WITHOUT A MIRROR	RESEARCH AND MEMORIZE THE FIVE PILLARS OF HIP HOP	CHOREOGRAPH A HIP HOP DANCE TO THE CHORUS OF A SONG
IMPROV TO YOUR FAVORITE HIP HOP SONG	PRACTICE SIX STEP A, STALLS, AND BEGINNING BACKSPINS	TAKE A LOOK AT THE ARTICLE "THE HISTORY OF HIP HOP DANCE" ON BBC ARTS (HTTPS://WWW.BBC.CO.UK/PROGRAMMES/ARTICLES/5CWQYWXZ4P7HR6NXG2L5QG9/THE-HISTORY-OF-HIP-HOP-DANCE)

DANCE IMAGES E-LEARNING ACTIVITIES: HIP HOP DANCE II

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

PRACTICE SIX STEP, STALLS, AND KIP UPS	WATCH THE YOUTUBE VIDEO "HOW THE BRONX BROUGHT BREAKING TO THE WORLD" (HTTPS://WWW.YOUTUBE.COM/WATCH?V=9TMBWCCYS30)	PERFORM THE RECITAL DANCE FOR ANOTHER PERSON
PRACTICE THE RECITAL DANCE THREE TIME IN A ROW WITHOUT A MIRROR	MEMORIZE THE FIVE PILLARS OF HIP HOP	CHOREOGRAPH A HIP HOP DANCE TO THE CHORUS OF A SONG
IMPROV TO YOUR FAVORITE HIP HOP SONG FOR AT LEAST THREE MINUTES	DO OUR CLASS JUMPING JACK EXERCISE FOLLOWED BY ONE MINUTE PLANK	READ THE ARTICLE "THE HISTORY OF HIP HOP DANCE" ON BBC ARTS (HTTPS://WWW.BBC.CO.UK/PROGRAMMES/ARTICLES/5CWQYWXZ4P7HR6NXG2L5QG9/THE-HISTORY-OF-HIP-HOP-DANCE)

DANCE IMAGES E-LEARNING ACTIVITIES: INTENSIVE II CONTEMPORARY DANCE

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

PRACTICE YOUR RECITAL ROUTINE	PLANK FOR AN ENTIRE SONG	CHOREOGRAPH A NEW WARM UP FOR CONTEMPORARY
PRACTICE COUNTS TO RECITAL DANCE	CHOREOGRAPH 32 COUNTS TO SEND TO A FRIEND THAT THEY CAN ADD ON TO	FOLLOW A FLEXIBILITY VIDEO ON YOUTUBE
BALANCE IN BACK ATTITUDE FOR 45 SECONDS ON EACH SIDE	WATCH A CONTEMPORARY DANCE ON YOUTUBE. TELL THE CLASS ABOUT IT	WHAT IS ONE THING YOU ARE LOOKING FORWARD TO LEARNING IN CONTEMPORARY CLASS, BUT HAVEN'T YET?

DANCE IMAGES E-LEARNING ACTIVITIES: INTENSIVE III/ADVANCED CONTEMPORARY DANCE

WE HOPE THAT EVERYONE IS STAYING HEALTHY AND WE MISS YOU AT THE STUDIO! PLEASE COMPLETE AND COLOR IN 3 ACTIVITIES IN A TIC TAC TOE (HORIZONTAL, VERTICAL, OR DIAGONAL) PATTERN. BRING IT BACK TO THE STUDIO WHEN WE RESUME CLASSES!

PRACTICE YOUR RECITAL ROUTINE	PLANK FOR AN ENTIRE SONG	CHOREOGRAPH A NEW WARM UP FOR CONTEMPORARY
PRACTICE COUNTS TO RECITAL DANCE	CHOREOGRAPH 32 COUNTS TO SEND TO A FRIEND THAT THEY CAN ADD ON TO	FOLLOW A FLEXIBILITY VIDEO ON YOUTUBE
BALANCE IN BACK ATTITUDE FOR 45 SECONDS ON EACH SIDE	WATCH A CONTEMPORARY DANCE ON YOUTUBE. TELL THE CLASS ABOUT IT	WHAT IS ONE THING YOU ARE LOOKING FORWARD TO LEARNING IN CONTEMPORARY CLASS, BUT HAVEN'T YET?